

How do I become a South Wales Police Blue Light Champion?

Register via MIND website (if already registered, please also follow the steps below)



Discuss with Line Manager your role as a Blue Light Champion



Complete short SWP Assessment form found on BOB and email to Sonia Green - HR Support Officer



Await registration and further training details from Sonia Green before commencing your Champion role



Upon receipt of your training date and SWP toolkit, attend one day's training provided by MIND



Once trained, begin promoting yourself as Champion within your team!



Link in with local MIND and SWP Occupational Health, Safety and Wellbeing Team as you carry out your role and remember to access support yourself