



A WELLBEING VAN IS COMING TO OUR FORCE



COME ALONG - it's a great opportunity to find out what wellbeing support is available to you. We'll be offering advice, support and self help tips on all things wellbeing, including mental and physical health; finances and work-life balance

Even if you don't need support or advice you can still drop in to see what's available.

| Date | Location | Time |
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To find out more about Oscar Kilo - the National Police Wellbeing Service
visit oscarkilo.org.uk