

NATIONAL POLICE WELLBEING
SERVICE

Annual Conference and Awards 2026

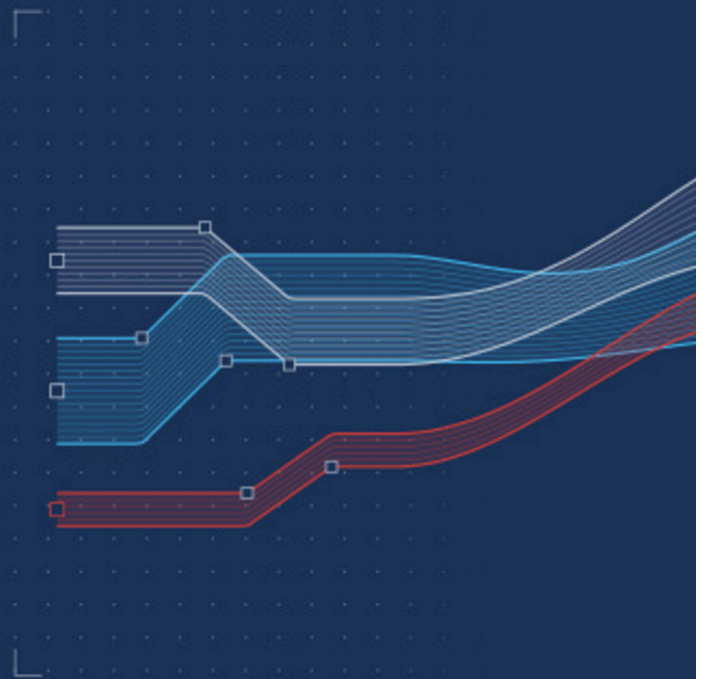
Theme: From strategy to reality

13-14 October 2026

Crewe Hall Hotel & Spa, Cheshire



The National Police
Wellbeing Service



Day One - Tuesday 13 October

Compere: Gamal Fahnbulleh (ITN)

TIME	SESSION	SPEAKER(S)
09:00-10:00	Arrivals, registration and networking	
10:00-10:30	Welcome Opening welcome to the 2026 conference.	Andy Rhodes OBE QPM - NPWS

TIME	SESSION	SPEAKER(S)
10:30-11:20	From strategy to reality: what police reform means for our workforce Policing is entering a significant period of reform - but what will that mean for the people responsible for delivering it? This opening panel will explore where workforce health and wellbeing fits within the changing policing landscape, what the evidence is telling us about the experience of our people, and how national investment and ambition can translate into meaningful change. The conversation will also consider how policing can work with the wider network of organisations and trusted partners around its workforce to ensure support reaches individuals and makes a difference.	Andy Rhodes OBE QPM - NPWS Chief Constable Gavin Stephens - NPCC Geoff Cheshire - CEO Police Care UK Facilitated by Gamal Fahnbulleh
11:20-11:45	Break	
11:45-12:15	Reforming occupational health in policing What should good occupational health look like across policing - and how do we make that a reality in every force? Professor John Harrison explores the next phase of occupational health reform and the move towards greater consistency, quality and clinical governance across policing.	Professor John Harrison - NPWS
12:15-12:45	Workforce Prioritisation Guidance: Impact, insights and what comes next This session will reflect on progress across policing supported by the WPG, key learning and early outcomes. A panel of force representatives will share practical experiences, challenges and successes, exploring how forces can move from strategic intent to meaningful delivery for their workforce.	Paul Fotheringham - NPWS Tina Cook - Merseyside Police Caroline Russell - Cumbria Constabulary Vicki Sawyer - Warwickshire Police
12:45-13:00	Audience discussion and Q&A An opportunity to reflect on the morning's sessions, share insight and put questions to speakers.	
13:00-14:00	Lunch	

TIME	SESSION	SPEAKER(S)
14:00-14:30	Psychological health checks: supporting earlier intervention in policing How can policing identify signs of psychological strain earlier and help people access support before problems escalate? This session will explore the national development and rollout of psychological health checks, share early learning from the PHIT programme and practical experience from Dyfed-Powys Police, and consider the wider development of psychological health support, including the new HEART guidance.	Zoe Davenport - NPWS Kathryn Evans - Dyfed-Powys Police
14:30-15:00	The future of recovery: evidence, innovation and what works How can we use evidence, technology and lived experience to help people recover well from the demands of policing? This panel will explore the evolving approach to recovery, including the latest developments from ResetU, research from Liverpool John Moores University and practical recovery support.	Andy Rhodes OBE QPM - NPWS Professor Carol Cox-Forshaw - LJMU Detective Chief Inspector Jason Pye - Merseyside Police Hannah Bailey - Blue Light Wellbeing
15:00-15:10	Working together to support recovery Supporting the wellbeing of people in policing takes partnership. Emma Woods Bolger will share how Blue Light Card Foundation is working with the National Police Wellbeing Service to help make recovery opportunities more accessible, before introducing the Reset Yourself sessions.	Emma Woods Bolger - Blue Light Card Foundation Andy Rhodes OBE QPM - NPWS
15:10-16:30	Reset Yourself An opportunity to step away from the conference room and experience practical approaches to recovery and wellbeing. Delegates will choose two sessions from Breath Connection, Mind Over Mountains and Blue Light Wellbeing.	Breath Connection Mind Over Mountains Blue Light Wellbeing
16:30	Close	
17:30	Pre-dinner drinks	

TIME	SESSION	SPEAKER(S)
18:00-20:30	Oscar Kilo Awards and Dinner Join us for an evening celebrating the people, teams and initiatives making a difference to health and wellbeing across policing. Hosted by Gamal Fahnbulleh, the evening will include a sit-down dinner and the presentation of the 2026 Oscar Kilo Awards, with an opportunity to hear more about the work, achievements and impact of this year's award winners. Dress code: Smart.	Hosted by Gamal Fahnbulleh
20:30-22:30	Bar, networking and exhibitors	

Day Two - Wednesday 14 October



TIME	SESSION	SPEAKER(S)
09:30	Welcome address	Andy Rhodes OBE QPM
09:45-10:15	Josh's story - What one call to the Mental Health Crisis Line tells us about risk, relationships and the responsibility we all share Through the fictional story of Josh, this session will follow one person's journey from his first contact with the Mental Health Crisis Line and use his experience to explore wider challenges surrounding suicide prevention in policing. Professor John Harrison and Claire Long will examine recognising and responding to risk, relationships, shared responsibility, national standards of care, data and suicide awareness. Audience insight and a Q&A will provide an opportunity to reflect on the issues raised.	Professor John Harrison - NPWS Claire Long - NPWS
10:15-10:45	Behind the numbers: what the workforce is telling us The National Workforce and Wellbeing Survey gives us a powerful picture of what it feels like to work in policing - but the real value comes from what we do with what we hear. This facilitated panel will explore key insights and look beyond the numbers to understand the experiences behind them, and how forces can turn workforce insight into action that makes a meaningful difference.	Leapwise Advisory Facilitated by Andy Rhodes OBE QPM - NPWS
10:45-11:00	Audience discussion and Q&A Time for further reflection, discussion and questions arising from the morning sessions.	
11:00-11:30	Break Exhibitors and networking.	

TIME	SESSION	SPEAKER(S)
11:30-12:15	When support gets it right: one officer's story What does good wellbeing support actually feel like to the person receiving it? Through the real-life experience of a police officer who has faced multiple assaults in the line of duty, this conversation brings together the officer and those who supported him to explore what made a difference - and the human impact when support gets it right.	PC Jordan Coates - South Yorkshire Police Sgt Helena Clarke - South Yorkshire Police Superintendent Pete Spratt - South Yorkshire Police Facilitated by Dave Brewster and Lee Taylor
12:15-12:40	Reaching our people: making engagement work How do we reach officers and staff with the right information and support - not only when they need it, but early enough to help prevent problems developing? This interactive session will explore how national wellbeing support can connect more effectively with people across policing, introduce early thinking around a wellbeing ambassador network, and draw on delegates' experience to help shape future engagement.	Jenna Flanagan - NPWS Amelie Wolf - Jack and Grace
12:40-13:00	Formal close and thank you Closing reflections and thanks.	Andy Rhodes OBE QPM - NPWS
13:00-14:00	Lunch Delegates are welcome to stay and network.	
14:00-15:00	Network sessions Pre-planned network sessions for invited delegates, focused on discussion, ideas and practical solutions.	